



Cathedral City High School Band 2026 Costa Rica



Monday, April 6 – Los Angeles – San Jose

Departure from Los Angeles with arrival into San Jose, the cultural and political capital of Costa Rica. After customs and passport formalities you will be met and then transferred to your hotel for check-in. City tour of San Jose includes visits to the National Theater and the National Museum. Dinner will be at the hotel.



(L, D; Quality Colón Hotel)

Tuesday, April 7 – Arenal Volcano Conservation Area - Tabacon Hot Springs

After breakfast depart for Zarcero, where you participate in a [concert performance](#). When the performance is finished, depart for the Arenal Volcano Conservation Area. Here



nature speaks for itself. The majestic Arenal Volcano testifies to nature's supreme power. Arenal National Park encompasses three types of forest and is home to deer, jaguar, parrots, & parakeets and more than 100 mammal species. Lunch will be at the hotel. After lunch leave for the Tabacón Resort. The resort includes thermo mineral pools & spa and boasts great views of the Arenal Volcano. Dinner at the resort is included. (B, L, D; Hotel Montaña de Fuego)

Wednesday, April 8 – Arenal Volcano National Park & Conservation Area

The Caño Negro Wildlife Refuge and the Rio Frío are biologically humid areas considered to be one of the richest in biological diversity in Costa Rica. Here you can find a great variety of resident and migratory birds plus three different species of monkeys, also iguanas, sloths, turtles and caymans. This is where



your boat awaits for your river adventure. Begin your four-hour floating safari through pastures and the tropical rain forest until you arrive at the marsh – one of the best places to view birdlife in the refuge. After lunch you will have [rehearsal and concert at a local village school](#). Dinner is at the hotel.

(B, L, D; Hotel Montaña de Fuego)

Thursday, April 9 – Carara National Park



After breakfast depart for Carara National Park. This transitional zone is a bridge between the dry forest from the north and the tropical rainforest of the south. It is possible to observe over 350 bird species throughout the year here. Stop for lunch at Villa Lapas to enjoy some national and international cuisine. Following lunch you will begin the unique Sky Way Tram Tour. Much of the reserve is covered in primary forest growing on steep slopes, and studded massive trees laden with vines and epiphytes. Carara is one of the few areas in the country where you can see scarlet macaws. Lucky birdwatchers may

also see the coveted jacamar and several species of trogons. Monkeys, crocodiles, armadillos and peccaries also live in Carara. After the tour, the band will continue on to the beach town of Jaco for concert and overnight.

(B, L, D; Jacó Fiesta Hotel)

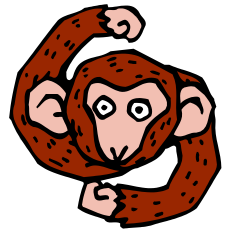
Friday, April 10 – Chiclets Tree Canopy Tour



An exciting morning is planned with the Chiclets Tree Canopy Tour. Using the highest quality equipment (pulley, harnesses and climbing gear) you will glide between platforms on the cables with breath taking views of the canopy, forest floor and animals. See the rainforest in this unique and exhilarating way as only birds do. After lunch there will be time for exploration of the Pacific Beach. (B, L, D; Jacó Fiesta Hotel)

Saturday, April 11 – Manuel Antonio National Park

Manuel Antonio is the most visited National Park in Costa Rica. There are more than one hundred mammal species and one hundred and eighty species of birds here, including the rare white ibis. Squirrel monkeys (another endangered species) play in the trees above the trails in the Park. Here, too, are two-toed sloths, raccoons, and white-faced monkeys. Trees such as black locust (an endangered timber-yielding tree), balsa, monkey comb, wild plantain, Manzanillo (a tree that oozes a milky substance and bears poison fruit) and Mayflower, are common. The Park's two white sandy beaches, Espadilla Sur and Manuel Antonio, stand out as its main attractions. Just off shore are twelve islands, most of them without vegetation, but excellent seabird sanctuaries nonetheless. Return to the hotel for your farewell dinner.



(B, L, D; Jacó Fiesta Hotel)

Sunday, April 12 – Palo Verde – San Jose

Transfer to the San Juan Santa Maria Airport for your flight home.

(B)

Trip Cost: see estimate below

Trip Includes

- Based on a group of 50 travelers
- All Air Flights
- Double Occupancy for Adults; Twin/Triple/Quad occupancy for students
- 6 Nights Hotel Accommodations are in First Class hotels where available - hotels named are subject to confirmation and availability
- All Meals, as noted in the itinerary.
- English speaking guides/escorts
- Admission fees for all sites and attractions mentioned are included.
- Gratuities for guides and drivers are included.
- Airport departure tax is included.
- Local performances subject to confirmation and academic schedule
- Instrument rental and large instrument charges for flight estimated but not final
- Travel insurance offered to all participants at the time Deposit



Background Information

With over one third of Costa Rica registered as protected from development, the opportunity to explore nature and a different culture so close to the United States is unequalled – especially while also participating in a special international performance - all without the long haul flights.

Costa Rica, like many other countries around the world, has its own unique and special way to celebrate holidays - and festivals are a vital part of Costa Rican culture.

For those unfamiliar with this Central American country, Costa Rica:

- Home to more Americans (per capita) than any other country outside of the United States,
- One of the highest standards of living in Latin America,
- One of the highest literacy rates in the world (95%),
- One of the longest life-expectancy rates on earth, 77 years!
- Near perfect tropical climate with a plethora of outdoor activities to partake in year round, which explains why many Americans seem to have adopted Costa Rica as their new home,
- Oldest and most stable democratic government in Latin America.



Cost Estimate:

Cost Estimate at this time: with a group of 50 (including 2 directors) Land (7 nights): \$2,821; Airfare (LAX to SJO with one stop in Panama or El Salvador): \$649; Total Estimate per person: \$3,470.

We are providing a preliminary estimate for the outlined program, given that we are more than 20 months in advance of the trip. Airfare pricing will not be available until 11 months before departure. We understand that both the director and parents wish to start collecting funds early to spread out the cost over monthly payments. To facilitate this, we will collect and hold the funds in "trust" until the director, Matt Howe, approves the final trip cost. The funds will remain uncommitted until the director authorizes the trip to move forward based on the confirmed pricing.

In the event that the entire group does not proceed with the trip, the funds will be refunded to the Band for distribution back to individual travelers. That refund will be less fees paid by travelers directly to credit card processors. If travel insurance was purchased the Travel Protection provider will refund directly to original form of payment.